

Dusty and Nancy

Hello Everyone,

So as you can tell, still out to sea. There isn't a whole lot that changes here from day to day, but every once in a while I might actually have something interesting to say. Unfortunately, today is not one of those cases, lol.

I have basically gotten over my sickness completely, except for this horrendous cough. I just wish it would go away because it feels like I have a constant itch in the back of my throat and so it forces me to cough all the time. In fact, it has been disturbing my sleep as of late, but not much I can do about that.

I have one more day of being lazy before I begin to hit the gym and start running the main deck of the ship. I haven't been doing much as far as PT goes except for our little "PT" program in the space, which really was quite a work out. Just don't normally have the energy after watch to go to the gym and work out. most of the time I just want to shower, watch an episode or two of Deadwood (Which by the way, if you haven't seen it, I highly recommend it. There is a LOT of cursing though, so you are forewarned.), and then go to bed.

For those of you who would like handwritten mail, respond with your address and I'll be sure to send you something. It's more personal that getting an e-mail right? Although Some of you aren't very good with e-mail anyway...lol. You know who you are :P

So it's been a long day and my chest is killing me, so I am going to wrap this up. Thank you for all of your support and letters/packages/e-mails since I have been out here. Waking up to mail from friends and loved ones always make the days go by faster and most things easier to deal with. I miss you all and I wish you the best in all that you do. I will be home soon enough and we can talk on the phone and hang out :P Heck, can you believe it's almost been a month and a half already? Going by pretty quickly out here. Take care and be safe!

Yours Truly,

Jeffrey